

#22 COMPETITIVE GROUP UP-DATE JUNE 24 2010

CONGRATULATIONS TO ALL DANCERS AND HELPERS FOR RECITAL!

I was so proud of all my dancers!!! I have heard so much complimentary feedback, from not only your dancing, but the choreography and music choices, costuming and lighting.

Thanks you all for being so organized and so put together. It was your chance to really shine and you did it so well!!!

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COMPETITIVE PACKAGES:

Will be available for pick up at the office this Sat from 10:30-4:00.

PLEASE NOTE: I have highlighted your classes. If something is missing please contact me via email info@spirladance.ca. I'm sure it is just an over sight, but I can clarify for you.

IMPORTANT: ALL SIGNED AND COMPLETED PACKAGES NEED TO BE IN OUR HANDS NO LATER THAN JULY 5TH. I cannot stress this enough!!!! It takes so long to process everyone. We are so excited in July we are implementing a new studio program, this up-date will make for less errors as merging information will be at our finger tips. Yeah!!! Note: you will be hounded by my office staff, if you do not have your packages in on time, so please be timely and not waste their valuable energy on reminder calls or emails. Thank you in advance. Loretta

OFFICE HOURS:

Week of June 28th: Monday – Wednesday 2:30-7:30
Week of July 5th & July 12th Mon & Wed 10:00-2:00 Tues & Thurs 3:00-7:00

NEW.... REGISTRATION FEE:

- A \$50.00 (non refundable) Registration Fee is payable at the time of registration.
 - Additional competitive family members will be subject to a \$25.00 registration fee.
 - Crossover competitive/recreational students will be subject to a \$25.00 competitive registration fee and a \$25.00 recreational registration fee.
- This fee works out to be \$5.00 per month and covers the administrative costs of registration; monthly account management; competition entry processing and invoicing; costume ordering and invoicing.

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ROCKFEST UP-DATE

Hello Dancers!

Thank you so much for being a part of Spiral Dance's inaugural ROCKFEST! The event, a 24 hour dance-a-thon, held June 18th-19th in support of the "Free The Children" organization, has so far raised over \$7,000!. This figure keeps growing as pledges are being collected and we are hopeful to reach the \$8,500

amount needed to build a school in Haiti. Your kind support and contribution helped to make ROCKFEST a truly memorable and rewarding experience! Loretta Sramek , the director of Spiral Dance, has always referred to the studio as "The Spiral Family" and if any of us didn't before, we sure feel like one now!

We are so thankful for the wonderful support from families within the dance studio and also from our local business community. Thank you for the many positive e-mails that we have received. We are so proud of the effort made by the dancers in support of this wonderful and worthwhile cause!

There are so many fond memories from the special moments that were shared during the event. In particular, the moving finale that showcased your performance of "Waving Flag", a choreographed piece that was created from only 2 one hour sessions during ROCKFEST by Spiral [choreographer Sherrie Scherger](#). Dancers, you performed it beautifully during the closing ceremony! Well done! Our wonderfully decorated studio, the talented performers, our fantastic DJ's, the delicious BBQ and the hilarity of watching our teacher and student volunteers being dunked in the tank, all helped to create an electric atmosphere, where our dancers joyfully celebrated their amazing fundraising effort.

We look forward to ROCKFEST 2011!

We also wanted to let you know our Shaw TV story on Rockfest will be aired ...details below!!

The story is airing on Shaw Channel 4, "The Express" this **THURSDAY JUNE 24TH at 3pm, 6pm and 10pm. Also on **FRIDAY** at 10am, 11:30am, 2pm and **SATURDAY** at 3pm, 6:30pm. So lots of repeats and chances to watch.**

**The Express
Shaw Vancouver**

Thank you again, so much, for being part of this special event!

Sincerely,
Erica Vran and Vicki Kasapi
Fundraising/Spiral Dance Co. 1471 Stayte Rd., White Rock, B.C

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SUMMER DANCE @ SPIRAL

JAZZ PROGRESSIONS TEEN /ADULT Int./Adv. Level

4 week session July 6 – July 27

Tuesdays 7:00-8:30 pm

Payments made directly to Dana evening of first class.

All 4 classes \$60.00 drop in \$15.00 per

Faculty: Dana Madder

Description: Jazz warm-up and technique, jazz jumps, turns and combinations
danamadder@yahoo.ca email Dana directly to confirm participation.

P.I.T. "Princess in Training": ages 3-4 yrs.

July 5-9 & 12-16 Mon. - Fri. 9:00-10:30

\$89.60. incl. HST

Faculty: Christa Fosolan

Jazz Power: ages 5-7 yrs

July 5-9 Mon. - Fri. 10:45-12:15

\$89.60 incl. HST

Faculty: Christa Fosolan

ACRO: Beginner- Level II ages 6 yrs. & up

July 5-9 Mon.-Fri. 11:00-12:00

\$75.60 incl. HST

Faculty: Karl McPherson

Will learn and improve the following skills: summersaults, cartwheels, handstands, round off's, back bends, 2 point balance (frog stand, 3 point teddy bear stand) What to wear: Body suit, lycra shorts, no shoes.

ACRO: level III & up ages 8yrs. & up

July 12-16 Mon.-Fri. 10:45-11:45

\$75.60 incl. HST

Faculty: Karl McPherson

Must be able to do: cartwheels, round offs, front and back walk over's. Will work on one-handed cartwheels, handsprings, front walk over's and one-handed walk over's, aerials, etc. What to wear: Body suit, lycra shorts, no shoes.

YOGA FOR TEEN & ADULT DANCERS

Teen and Adult dancers keep fit over the summer.

Weeks of July 19 & 26. Tues. and Thurs. mornings 10:00-11:00

Weeks of August 9 & 16. Tues. and Thurs. mornings 10:00-11:00

Pricing: 4 class card \$53.76 incl. HST *card can apply to any week

8 class card \$103.04 incl. HST

Bring your own yoga mat, a towel and a blanket.

Faculty: Jacqui Fownes, Certified Yoga Instructor

JUNIOR/INTERMEDIATE INTENSIVE

Our ever-popular Intensive returns. A fun way to gear up for the Fall dance season. Be one step ahead!

Junior 7-10 yrs Intermediate 11-14 yrs.

August 23-27. Mon. - Fri. 9:30 am- 2:30 pm

"Must have 2-6 years experience. Classes will run in 2 levels."

\$215.04 incl. HST

What to wear: body suit, lycra shorts or capris. Have: jazz shoes and runners and ballet shoes. Long hair in pony tail or bun.

Bring healthy lunch and a water bottle.

FACULTY: DANA MADDER and JESSICA DEMARZO

Dana will lead the dancers through the latest Street Jazz, Hip Hop, Ballet, Contemporary, Theatre classes.

NEW: Pop Singing Group

Daily Outline for Junior/Intermediate Intensives:

JUNIOR:

9:30-10:45 Pop Group

10:45 -11:45 Hip Hop

11:45-12:15 lunch break

12:15-1:15 Ballet Technique

1:15- 2:30 Theatre Choreography

INTERMEDIATE:

9:30 10:45 Contemporary

10:45- 11:45 Street Jazz Choreography

11:45- 12:15 Lunch Break

12:15 1:15 Pop Group

1:15-12:15 Theatre Choreography

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Amy Gardner coming out to Vancouver in July. She will be in town July 19th for about 10 days.

She would love to organize a onetime workshop class. Also, if any dancers are interested in her setting choreography for a solo etc. she is also available for. Let me know if you are interested via email info@spirladance.ca and I can forward your requests to her and if there are enough dancers we can set up a 2 hour master class. It would be really fun. Amy is amazing!!!

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HAVE A WONDERFUL SUMMER!! THANK YOU ALL FOR SUCH A FANTASTIC SEASON OF DANCING.
CHEERS LORETTA