



RECITAL GUIDE

Dear Parents & Students,

For the past 16 years, Spiral Dance has provided students with an exciting opportunity through its June recital. It's a rite of passage for youngsters, a chance to shine in front of family and friends.

The recital offers our students a professionally directed performance that allows them to present to their families and friends the results of a year's hard work, dedication, and progress.

A big part of the dance training process includes learning through performance. This experience helps to build self-esteem, self-assurance, and contributes to a sense of confidence. Performance opportunities can help prepare some students for a possible career in dance, and also contribute to children's success in non-dance activities. The onstage experience can result in better in-school presentations, improved social skills, and strong interview skills for future college or job opportunities.

The rehearsal process is a tremendous learning experience as well. It helps children develop memory retention skills, as well as an opportunity to learn the positive aspects of working as a team.

Commitment to the recital process is team collaboration. It is our goal to make the recital experience organized and exciting for all involved. It's a team effort; students, parents, teachers, and the director are key players in the success of the show. We've created this pamphlet in an effort to clarify what we expect from you and your child.

If you have any questions after reading through this pamphlet, please do not hesitate to call us @ 604-541-2800 or email admin@spiraldance.ca



Important Dates

April 2nd – 5th
Sunday May 16th
Monday May 24th
Sunday May 30th
June 8th – 11th
June 18-19
June 26th

Easter Weekend – Studio Closed
Photo Day – at Spiral Dance Studio, schedule to be announced
Victoria Day, studio closed
Recital Dress Rehearsal – Bell Centre for the Performing Arts
Spiral Dance 2010 Recital – Bell Centre for the Performing Arts
Spiral's Rock Fest (Dance a thon in support of Free the Children)
Last day of classes

Recital Updates

Schedules for Picture Day, Dress Rehearsal, and Recital will be emailed, as well as posted on the office wall, and the Spiral Dance website.

Attached you will find a "Lifeline to Recital" form to help organize all Picture Day, Dress Rehearsal, and Recital schedules/dates/times/locations.

It is your responsibility to be aware of dates and times for each of your child's dances.



Home Study

To ensure that the students feel confident about their performance, we ask parents and guardians to encourage them to rehearse their recital choreography on a regular basis. A copy of your child's dance music is available from the teacher if the student brings them a blank CD.

Costumes

- *Costume Expense*—The estimated cost of costumes is \$65 for child sizes and \$75 for adult sizes. Accessories, such as headpieces or gloves, are included in the cost of the costume. Tights and shoes are not included.
- *Distribution*—Costumes will be distributed when all outstanding balances for the season are paid in full. To ensure that costumes stay in pristine shape, students should not wear their costumes, accessories, or tights prior to photo day, dress rehearsal, or performance.
- *Alterations*—Although rare, if alterations are needed after they have been distributed, they will be the sole responsibility of the student's parent or guardian. Please contact Spiral Dance for recommended dressmakers.
- *Costume Care*—We recommend that your child's name be placed on all costumes, shoes, accessories, and tights. Hang costumes in a garment bag with your child's name on the outside. Pack accessories in a clear plastic bag marked with your child's name. Hats should be stored in a hatbox or similar container to prevent damage. Press all cotton fabric costumes prior to the dress rehearsal and the performance. *Caution:* many dance costumes are made from nylon materials, to get wrinkles out, place in dryer on low setting. Please do not wash your costumes in the washing machine; if you wish, dry-clean them after the recital.
- *Tights*—to ensure that there are no discrepancies in colour and style; students are required to have the correct colour of tights.
 - All Ballet #'s will need "Body Wrapper"s Ballerina #310 full foot or Convertibles.
 - All Jazz #'s with skirts or shorts will need "Body Wrappers" Jazzy Tan #A35 (adult sizes) or #C35 (children's).
 - Tights are available from dancewear stores. Please purchase new tights for the recital, and do not wear or wash them before the dress rehearsal or performance.
 - (Note: Having a second pair of tights offers students and parents a great sense of security.)

Hair & Make-Up

All female students are required to wear make-up for the recital: red lipstick, blush, eye shadow, and mascara. For the boys, a little blush works well. Uniform hairstyles are required. Each class will have a specific hairstyle prescribed by the teacher.

Pre-Planning

The recital is not just a one-day activity. Gather all costumes, accessories, shoes, and make-up several days in advance so you'll know if something is missing or is not right. Make a checklist of your child's routines, listing their costume, tights, shoes, and any accessories, and refer to it to make sure you have all your supplies before going to the theatre. Bring extra hair gel, hairnets, bobby pins, and hairspray. Other handy extras include:

- *Baby wipes/Shout wipes* (to fix makeup mistakes or wash hands)
- *Baby powder* (for itchy costumes)
- *Safety pins* (for emergency costume repairs)
- *Clear nail polish* (to repair minor holes or runs in tights)
- *Band-Aids* (the "invisible" kind)

Photo Day – Sunday May 16th

Class photos will be taken at Spiral Dance, schedule to be announced. All students are required to be present for their class picture. There are no exceptions.

Please arrive 10-20 minutes prior to scheduled time in costume with hair and light make up done.

After the group photo shoot, students head upstairs to have solo portraits taken. Photo packages are \$16-\$20. There's no obligation to purchase photos.

Fall Schedules will also be handed out on this day.



Dress Rehearsal – Sunday May 30th at The Bell Centre for the Performing Arts

The dress rehearsal allows the students to become familiar with the auditorium surroundings and feel comfortable with their performance, costume(s), and being onstage. Participation in the dress rehearsal is mandatory. There are no exceptions.

We run an organized and timely dress rehearsal; your help with the process will guarantee a professional production. Please arrive at least 20 minutes prior to your call time. Students may arrive in their first performance costume or may change in the dressing room.

- *Dressing-room etiquette*—Students must respect other students' space and property in the dressing rooms. The students will spend more time in the dressing rooms than onstage, so please do your best to keep them organized and clean.
- *Dress-rehearsal guests*—One parent or guardian may accompany each student to the dress rehearsal. Please, no siblings!
- *Dress-rehearsal drop-off and pickup*—Parents or guardians should bring students to their dressing rooms, where they will be checked in and placed under supervision of their class mom(s) or teacher. Parents or guardians must remain in the auditorium until their children have been dismissed. When a class has completed its performance, the class mom will bring the group out to the hall outside the auditorium to be picked up. Parents are not allowed in the dressing rooms after the children have been checked in for the rehearsal.
- *Video and photography*—Parents and guardians may videotape or shoot photographs of their children at the dress rehearsal. Due to the large number of cameras, no electrical outlets will be available, so be sure your batteries are fully charged. Please note: No video cameras or flash photography will be allowed in the auditorium at the recital.

Spiral Dance 2010 Recital – June 8th, 9th, 10th, 11th
Bell Centre for the Performing Arts (6250 – 144th St. Surrey)

Showtime 7:00pm

Dancers to Arrive backstage at 6:00pm.

If dancer is performing after intermission: he/she must check in at the backstage check in area before the start of show. Dancers are then permitted to watch the first act, however a ticket must be purchased due to fire regulations. Dancers must arrive backstage promptly at intermission. (If they are in one of the first 5 dances after intermission, they are required to scoot out of the theatre 5 dances before the first act finishes).

Student Dressing Rooms

- We would like to keep the backstage dressing rooms as quiet, calm, and organized as possible.
- It is recommended to come with hair and make up done to make the backstage dressing rooms less frantic.
- Students are cautioned to be extremely careful with food or drink while in their costumes – we do not want stains!
- If you would like to pack a book, or quiet/tidy game for your child to help them pass the time backstage that would be acceptable.
- Please have a discussion with your children about backstage etiquette while under the supervision of our wonderful volunteers.

Backstage

Family members and friends are not permitted backstage or in the dressing rooms during rehearsals or the recital. The same applies during intermission and after the show. There is a lot of backstage activity in a limited space, and dressing rooms are a private area. Please remind your family and guest to be respectful of these areas. Those who wish to greet a performer after the show or present flowers should do so in the lobby.

Auditorium Rules

Rules: no eating, drinking, or smoking is allowed in the auditorium. Dancers will remain in the dressing rooms with their class moms during dress rehearsal and the recital when they are not onstage.

Audience Etiquette

We encourage clapping, “Bravo” or a hoot or whistle of appreciation. However, screaming and calling out dancers name is unacceptable. Both are a distraction to the performer and other audience member’s enjoyment.

Flowers

Will be available for purchase in the lobby on show days. If you want to get a small bouquet for your little star, you may purchase a lovely bouquet on the show dates in the lobby of the theatre. Proceeds go to the Spiral Dance Co. Scholarship Fund.

Recital Tickets

Tickets for the Year End Show are sold through the Bell Center for The Performing Arts box office; they can be ordered over the phone at (604) 507-6355 or in person. (Take a look at the seating chart and other information online at www.bellperformingartscentre.com.) Adult tickets are \$15 each; students and seniors are \$12 each. Tickets available for purchase as of Monday May 17 2010

NEW: order online

www.tickets.bellperformingartscentre.com

Recital Volunteers

Anyone interested in volunteering to help backstage is welcome. There will be an orientation for all volunteers, and all must abide by the policies set forth by Spiral Dance. The recital week is a hectic experience; all volunteers must work in a cooperative manner at all times. Our backstage managers' work very hard to put a system in place that works; we ask that all volunteers rely on their experience and follow their instructions.

All volunteers will receive an identification badge at the dress rehearsal, which must be worn in the theatre at all times. Please do not bring guests, including children, while you are volunteering.

- *Class moms (for classes 7 years and under)*—Class mothers are needed for each class to supervise the dancers. They do not need a recital ticket and will be able to watch their children perform from backstage. Class moms must ensure that each child in her care is safe and accounted for. They are responsible for making sure that each child is in the proper costume, has the proper accessories and shoes, and is backstage at the appropriate time. They are also responsible for seeing that all the children return to their appointed dressing room after their performance. It's great to have volunteers for both the dress rehearsal and the show. During their class' performances:

- Volunteer parents /assistants will take students to the back stage door, where the teacher or backstage runner will receive them. Only the teacher and parent assistants will be allowed with the very young in the back stage area, where they can view the dance from the wings.

Thank you for your attention to all the Recital details. We are looking forward to this very exciting event.

Loretta Sramek
Artistic Director